# **HEALTH & WELLNESS CALENDARS**







## LIVE INSPIRED WELLNESS CALENDARS

Share health and wellness tips that influence beliefs, shape behaviors and lead to successful wellness programs all year long!

#### **Powerful Pictures and Inspiring Words**

- Vibrant and appealing images capture attention and convey meaningful messages.
- Memorable images that show a concept and invite people to imagine themselves living out a positive behavior.
- Wellness content that people care about for total health and life improvement.

#### **Relevant Content and Tangible Symbol of Care**

- Self-care tips, monthly wellness challenges, recipes and health observance resources.
- Effective and inexpensive communication tool and wellness culture builder.
- Employees appreciate receiving a health and wellness calendar.

#### **Environmentally Friendly**

- Wall calendar printed on recycled paper.
- Electronic version syncs to Outlook, Google Cal and iCal

#### Choose from 3 main print customization options:

1. Standard calendar with logo/custom text on a 1½ inch overhang tab visible every month. Add your branding, intranet or wellness website.

Black logo \$150 Color logo \$350

- 2. Inside back cover. Display resources and programs available. \$500
- 3. Fully custom. Replace or choose your own pictures or topics. Add your events to calendar squares. Call for quote

#### Online calendar personalization includes:

- Your logo and unique URL link
- Administrator access to add your dates and links.

#### **Pricing**

10-99

### Wellness Wall Calendar

#### Online Calendar

Standard Unit Price Quantity (30% off when purchased by 7/31/18)

\$2500 annual license \$495 set up fee

\$5.85 \$2.95 \$2.25 100-499 500-999 \$2.25 \$1.77

#### **Ideas to Distribute Printed Wellness Calendars:**

\$4.50

Holiday gifts, health fair hand outs, open enrollment meetings, home mailers

#### IP ENGAGEMENT INTEGRATION

- Prominently display and link to your wellness portal.
- Add dates of your wellness challenges or events.





